

# ADVANCES IN MACROFUNGI

## Diversity, Ecology and Biotechnology

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*Editors*  
**Kandikere R. Sridhar**  
**Sunil K. Deshmukh**

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*Editors*

**Kandikere R. Sridhar**

Senior Professor, Department of Biosciences  
Mangalore University  
Mangalore, India

**Sunil K. Deshmukh**

Nano-Biotechnology Research Centre  
The Energy and Resources Institute (TERI)  
New Delhi, India



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## Some Edible, Toxic and Medicinal Mushrooms from Temperate Forests in the North of Mexico

*Fortunato Garza Ocañas,<sup>1,\*</sup> Miroslava Quiñónez Martínez,<sup>2</sup> Lourdes Garza Ocañas,<sup>3</sup> Artemio Carrillo Parra,<sup>4</sup> Horacio Villalón Mendoza,<sup>1</sup> Humberto Gonzalez Rodríguez,<sup>1</sup> Ricardo Valenzuela Garza,<sup>5</sup> Gonzalo Guevara Guerrero,<sup>6</sup> Jesús García Jiménez<sup>6</sup> and Mario García Aranda<sup>7</sup>*

### INTRODUCTION

Mexico is considered as a biologically mega diverse country. It is located between the Nearctic and Neotropical biogeographic regions and, as a consequence, has a high diversity of topographic and climatic conditions (Challenger, 1998; González et al., 2015; Salinas et al., 2017; Mororne et al., 2017). Mexico has a high diversity of ecosystems which are ecologically complex and heterogeneous. Semiarid vegetation

<sup>1</sup> Facultad de Ciencias Forestales, Carretera Nacional km 145, Linares, N.L. Mexico, A.P. 41, C.P. 67700, México.

<sup>2</sup> Universidad Autónoma de Ciudad Juárez, Instituto de Ciencias Biomédicas, Avenida Plutarco Elías Calles 1210, Fovissste Chamizal Ciudad Juárez, Chihuahua, México C.P. 32310, México.

<sup>3</sup> Facultad de Medicina, Departamento de Farmacología y Toxicología, Universidad Autónoma de Nuevo León, México.

<sup>4</sup> Instituto de Silvicultura e Industria de la Madera, Universidad Juárez del Estado de Durango, México.

<sup>5</sup> Escuela Nacional de Ciencias Biológicas Carpio y Plan de Ayala, Santo Tomás Instituto Politécnico Nacional México, D.F., México.

<sup>6</sup> Emilio Portés Gil, 1301 Poniente, Apartado Postal 175, Ciudad Victoria, Tamaulipas, México, 87010, México.

<sup>7</sup> Mario García Aranda Mar Caspio, 8212, Loma Linda, Monterrey, N.L. C.P. 64120, México.

\* Corresponding author: fortunatofgo@gmail.com

and grassland are found in the high plateau in the North and temperate forests are mainly located in the Sierra Madre Occidental in the west and Sierra Madre Oriental in the east and tropical rain forests in the south (González et al., 2012). Different vegetation types including grassland and oak chapparral sometimes merge with forests in some areas forming very important and highly diverse fungal communities. Mushrooms are widely distributed in the world and in Mexico and they are intimately linked to forest ecosystems functioning as they grow and live, degrading organic matter through different enzymatic activities, functioning either as saprotrophic, parasitic, pathogenic or mycorrhizal symbionts (Schmidt and Müller, 2007). The relationship between plants and fungi has a very long history, stretching back to the Devonian period, and big fossil sporocarps of some species like *Prototaxites* sp. or *Gondwanagaricites magnificus* from lower Cretaceous crato formations are the evidence of such long-lasting coexistence (Retallack and Landing, 2014; Heads et al., 2017). Thus, forests around the world evolved over time and important groups of plants formed intimate relationships with fungi as a strategy to survive. Nowadays, they are widely dispersed through the world and some have migrated from the Arctic southwards into Tropical regions (e.g., *Pinus* spp.) in America. Conifers and Oaks are widely distributed in North America, Mexico and Central America, and mushroom species are intimately related to these species (Halling and Müller, 2002; Müller et al., 2006; Binion et al., 2008). Mycorrhizal fungi played an important role in migration of this group of plants as they help with nutrient uptake from different soils including poor soils. saprotrophic, parasitic and pathogenic fungal species also established nutrition relationships with Oaks and Conifer trees and contribute significantly to the cycle of nutrients in forests (Hybbett, 2006). In America, fungi have interesting relationships with Oak and Conifer forests and contribute to their development and growth (Singer et al., 1983; North, 2002; Allen, 2005). Current distribution of some plants is the result of their simbiotic associations. Spore dispersion mechanisms contribute significantly to the survival of fungi and mycophagia, i.e., consumption of mushrooms by animals is a very important ecological mechanism wherein animals such as slugs, mites, insects, as well as vertebrates are involved (turkeys, squirrels, mice and rats, rabbits, turtles, peccaries, deers and cervids in general as well as foxes, bears and wolves) (Frank et al., 2007; Binion et al., 2008). Air and rain water are also important spore dispersion factors and millions of spores are carried away through the forests every year. Spore germination processes *in vitro* occur with different degrees of difficulty and parasites, pathogens and saprotrophic fungal species have evolved to germinate their spores more easily in comparison to some mycorrhizal species. Thus, water and some enzymes in the animal digestive system promote germination and these mechanisms have evolved over millions of years. Some squirrels and mice search for mushrooms during the rainy season and eat the fertile hymenophore of epigeous and hypogeous mushrooms, thereby dispersing spores in their excreta (Kendrick, 1994). These spores are ready to germinate and grow, producing new mycelium of the species involved. They will start searching for food in the vicinity; some will find it in fallen leaves, others in tree branches and trunks and some others in living roots depending on their growth habit. All together mushrooms are an important part of the forests and they are alive using different survival strategies during the dry season. Mexico is known for the great diversity of organisms living in the different climatic

and edaphic conditions occurring throughout its territory (Sarukhán et al., 2015). Mushrooms are abundant and it is believed that there are ca. 8000 fungi species studied so far out of the 200,000 probable species occurring in the different vegetation types of the country (Guzmán, 1998; Hawksworth, 2001). The North of Mexico has an influence of Arctic and Neotropical biogeographic regions and temperate forests have a high diversity of hosts for fungi such as Pines, Fir, Douglas fir, and Oaks and a high variety of edible, toxic, and medicinal fungal species are associated (Peinado et al., 1994; Müller et al., 2006). In the states of Chihuahua and Durango, toxic mushroom species have caused casualties, mostly due to missidentification of edible species like *Amanita caesarea* group confused with old specimens of toxic species, e.g., *A. muscaria* var. *flavovolvata* (Garza et al., 1985; Quiñónez and Garza, 2015). In these states ethnic groups and people in general may eat wild edible mushrooms and there are no records of people eating wild edible mushrooms from the states of Coahuila, Nuevo Leon and Tamaulipas. Some of the edible wild species frequently used as food when in season include *Amanita jacksonii*, *A. cochiseana*, *A. rubescens* (this one is edible only after cooking), *Agaricus campestris*, *A. bitorquis*, *Hypomyces lactifluorum*, *Lactarius deliciosus*, *L. indigo*, *Russula delica*, *Cantharellus cibarius*, *Boletus pinophilus*, *B. rubriceps*, *B. barrowsii*, *Harrya chromapes* and *Aureoboletus russellii*. Also, some medicinal mushrooms occur in temperate forests in the north of Mexico, such as *Coriolus versicolor*, *Ganoderma* spp., *Pycnoporus sanguineus* and others.

This paper aims to provide information regarding mushroom diversity, as well as identifying those species reported as edible, toxic or medicinal. This, together with a list of some of the main Conifers, Fagaceae and Ericaceae tree hosts from temperate forests in the North of Mexico. It is also intended to generate relevant information regarding the potential that many mushroom species have for research as well as for social and economic development for people in rural forestry conditions in the North of Mexico.

## Materials and Methods

Field collection of mushrooms was carried out during the months of February and March in the state of Baja California; July and August for the states of Chihuahua, Sonora and Durango; and from September-October in the states of Coahuila, Nuevo Leon and Tamaulipas. These states are located in the North of Mexico in the Nearctic and Neotropical regions and they include the biogeographic provinces known as California, Sonora, Sierra Madre Occidental, Sierra Madre Oriental and Tamaulipas (Morrone et al., 2017). Collection of mushrooms was carried out in very many localities in the last 25 years at several altitudes ranging from 360–3650 m. The main vegetation types studied were temperate Forests with Conifers, i.e., *Picea*, *Pseudotsuga*, *Abies*, and *Pinus*; Oaks, i.e., *Quercus* spp., as well as *Arbutus* spp. and *Arctostaphylos* spp. Trees from these genera host many mycorrhizal fungi species both in the Basidiomycetes and Ascomycetes. Mushrooms were collected following traditional methods recording macroscopic characteristics, photographs were taken in the field and specimens were transported to the laboratory, specimens were dehydrated and microscopic characteristics recorded for identification using

specialized keys for the different groups (Leonard, 2010). Some edible and toxic species of fungi associated to temperate forests in the North of Mexico have been reported (Quiñónez and Garza, 2015; García et al., 2014; Guevara et al., 2014). For toxic species, the identification criteria used was based on several authors (Lyncoff and Mitchell, 1977; Groves, 1979; Hallen and Adams, 2002; Hall et al., 2003; Lindequist et al., 2005; Duffy, 2008). An artificial classification of species depending on the degree of danger for health was made as follows:

- 1) Species which can be fatal
- 2) Species causing serious intoxications requiring hospital attention but are not fatal
- 3) Species causing light poisoning not requiring hospital attention and are not life threatening.

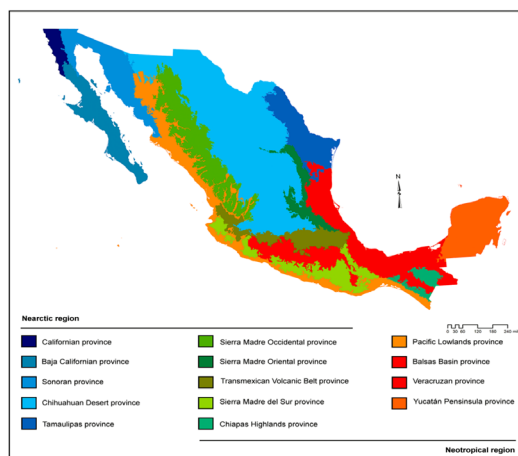


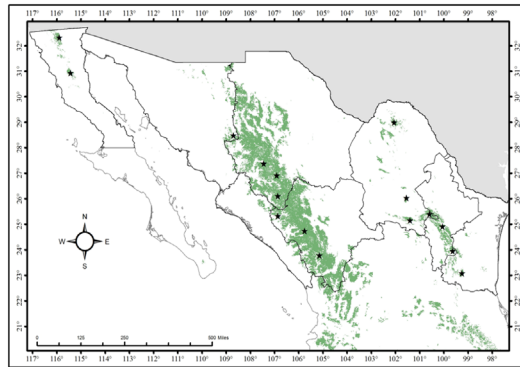
Fig. 1. Biogeographic provinces of Mexico (Morrone et al., 2017) (<http://mexicanmap.atlasbiogeografico.com/MexicanBiogeographicProvinces.tif>).

## Results

In this study, 282 species were identified from the states of Baja California Norte, Chihuahua, Sonora, Coahuila, Nuevo Leon and Tamaulipas (Tables 1–3; Figs. 5–12). A total of 272 species belong to the Phylum Basidiomycota and 10 to the Phylum Ascomycetes, 54 families and 120 genera were studied (Table 1). They are associated with temperate forests and 147 tree hosts are widely distributed in these states. Most edible and toxic species occur in the Sierra Madre Occidental and are closely related to species found in the south states of North America. Species from the Sierra Madre Oriental are more diverse and there are edible species in the forests but are not very abundant, many toxic species are abundant in this Sierra. Oak forests and mixed oak-pine forests have a higher diversity of fungal species throughout the North, followed by pine-oak forests.

Results of diversity and distribution of fungal species show that in the state of Nuevo León more collections have been made with 225 species, followed by the





**Fig. 2.** Distribution of temperate forests in the North of México.



**Fig. 3.** Forests in the North of México. Top left Pine forest; Top right Oak forest.



**Fig. 4.** Forests in the North of Mexico. Top left 1. Conifer forests at 3200 m.a.s.l.; Top right 2. inside look of conifer forest; Central left 3. *Quercus* spp. forests at 2300 m.a.s.l.; Central right 4. Inside look of *Quercus* forest; Below left 5. *Pinus-Quercus* forests; Below right 6. Inside look of the *Pinus-Quercus* forests.



**Table 1.** List of tree species in temperate forests in the North of Mexico.

<b>Family Pinaceae</b>
<i>P. pseudostrobus</i> var. <i>apulcensis</i> (Lndl.) Shaw
<i>Pinus teocote</i> Schltdl. & Cham.
<i>Pinus nelsonii</i> Shaw
<i>Pinus greggii</i> Engelm. ex Parl. var. <i>greggii</i>
<i>P. culminicola</i> Andresen & Beaman
<i>P. cembroides</i> Zucc.
<i>P. monophylla</i> Torr. & Frém.
<i>P. quadrifolia</i> Parl. ex Sudw.
<i>P. coulterii</i> D. Don
<i>P. engelmannii</i> Carr.
<i>P. lambertiana</i> Douglas
<i>P. montezumae</i> Lamb. var. <i>montezumae</i>
<i>P. johannis</i> (Rob.) Pass.
<i>P. hartwegii</i> Lindl.
<i>P. leiophylla</i> Schiede ex Schltdl. & Cham.
<i>P. arizona</i> var. <i>cooperii</i> (C.E. Blanco) Farjon
<i>P. duranguensis</i> Martínez
<i>P. chihuahuana</i> Engelm.
<i>P. devoniana</i> Lindl.
<i>P. discolor</i> Bailey & Hawksw.
<i>P. douglasiana</i> Martinez
<i>P. patula</i> Schiede ex Schltdl. & Cham.
<i>P. lumholtzii</i> B.L. Rob. & Fernald
<i>P. ayacahuite</i> Ehrenb. ex Schltdl. var. <i>brachyptera</i>
<i>P. flexilis</i> E. James
<i>P. herrerae</i> Martinez
<i>Pinus strobiformis</i> Engelm.
<i>P. yecorensis</i> Debreczy & I. Rácz
<i>P. arizonica</i> var. <i>arizonica</i> Engelm.
<i>P. arizonica</i> var. <i>stormiae</i> Martínez
<i>P. jeffreyi</i> Balf.
<i>Abies duranguensis</i> Martinez
<i>A. vejarii</i> Martinez
<i>A. concolor</i> (Gordon & Glend) Lindl.
<i>Abies guatemalensis</i> Rehd.
<i>Picea chihuahuana</i> Martinez
<i>Picea engelmannii</i> ssp. <i>mexicana</i> (Martínez) P. Schmidt
<i>P. engelmannii</i> Parry ex Engelm.
<i>Pseudotsuga mensiezii</i> (Mirb.) Franco

Table 1 cont. ...

...Table 1 cont.

<b>Family Fagaceae</b>
<i>Q. affinis</i> Scheidw.
<i>Quercus emoryi</i> Torr.
<i>Q. canbyi</i> Trel.
<i>Q. cupreata</i> Trel. et C.H. Mull.
<i>Q. castanea</i> Née
<i>Q. conspersa</i> Benth.
<i>Q. crassifolia</i> Bonpl.
<i>Q. crassipes</i> Bonpl.
<i>Q. delgadoana</i> Nixon & L.M. Kelly
<i>Q. alpescens</i> Trel.
<i>Q. depressa</i> Bonpl.
<i>Q. flocculenta</i> C.H. Mull.
<i>Q. fulva</i> Liebm.
<i>Q. furfuracea</i> Liebm.
<i>Q. galeanensis</i> C.H. Mull.
<i>Q. gentry</i> C.H. Mull.
<i>Q. graciliramis</i> C.H. Mull.
<i>Q. gravesii</i> Sudw.
<i>Q. hintoniorum</i> Nixon et C.H. Mull.
<i>Q. hirtifolia</i> M.L. Vázquez
<i>Q. hypoleucoides</i> A. Camus
<i>Q. eduardii</i> Trel.
<i>Q. hypoxantha</i> Trel.
<i>Q. jonesii</i> Trel.
<i>Q. laurina</i> Bonpl.
<i>Q. mexicana</i> Bonpl.
<i>Q. miquihuanensis</i> Nixon et. C.H. Mull.
<i>Q. ocoteifolia</i> Liebm.
<i>Q. pinnativenulosa</i> C.H. Mull.
<i>Q. runcinatifolia</i> Trel. et C.H. Mull.
<i>Q. rysophylla</i> Weath.
<i>Q. saliicifolia</i> Née
<i>Q. saltillensis</i> Trel.
<i>Q. sapotifolia</i> Liebm.
<i>Q. sartorii</i> Liebm.,
<i>Q. sideroxyla</i> Bonpl.
<i>Q. skinneri</i> Benth.
<i>Q. tenuiloba</i> C.H. Mull.
<i>Q. viminea</i> Trel.
<i>Q. xalapensis</i> Bonpl.
<i>Q. chihuahuensis</i> Trel

Table 1 cont. ...

...Table 1 cont.

<b>Family Fagaceae</b>
<i>Q. convallata</i> Trel.
<i>Q. diversifolia</i> Née
<i>Q. edwardsae</i> C.H. Mull.
<i>Q. fusiformis</i> Small
<i>Q. germana</i> Bonpl.
<i>Q. glaucoides</i> M. Mart et Gal.
<i>Q. gregii</i> (A. DC.) Trel.
<i>Q. intricata</i> Trel.
<i>Q. invaginata</i> Trel.
<i>Q. laceyi</i> Small.
<i>Q. laeta</i> Liebm.
<i>Q. lancifolia</i> Schltld. et Cham.
<i>Q. magnolifolia</i> Née
<i>Q. microlepis</i> Trel.
<i>Q. microphylla</i> Née
<i>Q. muehlenbergii</i> Engelm.
<i>Q. oblongifolia</i> Torr.
<i>Q. obtusata</i> Bonpl.
<i>Q. oleoides</i> Schltld. et Cham.
<i>Q. opaca</i> Trel.
<i>Q. pastorensis</i> C.H. Muller
<i>Q. pendicularis</i> Née
<i>Q. polymorpha</i> Schltld. et Cham.
<i>Q. praeco</i> Trel.
<i>Q. pringlei</i> Seemen ex Loes.
<i>Q. pungens</i> Liebm.
<i>Q. rugosa</i> Trel.
<i>Q. sebifera</i> Trel.
<i>Q. sinuata</i> Walt var. <i>breviloba</i> (Torr.) C. H. Mull.
<i>Q. splendens</i> Née
<i>Q. striatula</i> Trel.
<i>Q. supranitida</i> C.H. Mull.
<i>Q. thinkhamii</i> C.H. Mull.
<i>Q. toxicodendrifolia</i> Trel.
<i>Q. monterreyensis</i> Trel. et C.H. Mull.
<i>Q. vaseyana</i> Buckl.
<i>Q. verde</i> C.H. Mull.
<i>Q. mohriana</i> Buckl. ex Rydb.
<i>Q. toumeyei</i> Sarg.
<i>Q. tarahumara</i> Spellenb., Bacon & Breedlove
<i>Q. basaseachicensis</i> C.H. Mull.

Table 1 cont. ...

...Table 1 cont.

<b>Family Fagaceae</b>
<i>Q. chrysolepis</i> Liebm.
<i>Q. arizonica</i> Sarg.
<i>Q. durifolia</i> Seem.
<i>Q. gambelli</i> Nutt.
<i>Q. grisea</i> Liebm.
<i>Q. potosina</i> Trel.
<i>Q. tuberculata</i> Liebm.
<i>Q. mcvaughii</i> Spellenb.
<i>Q. scytophylla</i> Liebm.
<i>Q. subpathulata</i> Trel.
<i>Q. depressipes</i> Trel.
<i>Q. intricata</i> Trel.
<i>Q. tardifolia</i> C.H. Mull.
<i>Q. clivicola</i> Trel. & C.H. Mull.
<i>Q. sartorii</i> Liebm.
<i>Q. agrifolia</i> Née
<i>Q. dumosa</i> Nutt.
<i>Q. urbanii</i> Trel.
<i>Q. virginiana</i> Mill.
<i>Q. coahuilensis</i> Nixon & C.H. Müll.
<i>Q. carmenensis</i> C.H. Müll.
<b>Family Ericaceae</b>
<i>Arbutus xalapensis</i> var. <i>texana</i> (Buckley) A. Grey
<i>Arbutus arizonica</i> (A. Gray) Sarg.
<i>Arctostaphylos pungens</i> KBK
<i>A. glauca</i> Lindl.
<i>A. peninsularis</i> Wells
<i>A. platyphylla</i> (A. Gray) Kuntze

states of Chihuahua, Durango, Tamaulipas, Sonora, Coahuila and Baja California Norte with 189, 188, 186, 104, 106, and 70 respectively.

### Classification Depending on the Degree of Danger of Species

- 1) From the species studied in the North of Mexico, 180 have been reported as toxic and 20 of these can be deadly poisonous, including *Amanita verna*, *A. virosa*, *A. bisporigera*, *A. phalloides*, *Boletus satanas* and *Hypholoma fasciculare* (Figs. 8–11). They have different toxins and some of them destroy liver cells and cause irreversible liver failure and death. These species represent a real threat or risk for humans and should be avoided.
- 2) Some species that should not be ingested raw include *Amanita rubescens*, *Boletus subvelutipes*, *Suillelus luridus* and *Boletus amigdalinus*. The first species is used

Table 2. List of edible, toxic and medicinal mushroom species from temperate forests in the North of Mexico (xerarchical taxonomic arrangement as in Kirk et al., 2008).

Family	Genus	Species	Authors	Distribution	Habit	Edibility
Leotiaceae	<i>Leotia</i>	<i>tubrica</i>	(Scop.) Pers.	Wide	Saprotrophic	Toxic
Leotiaceae	<i>Leotia</i>	<i>viscosa</i>	Fr.	Low	Saprotrophic	Toxic
Discinaceae	<i>Gyromitra</i>	<i>esculenta</i>	(Pers.) Fries) Fr.	Low	Saprotrophic	Toxic
Discinaceae	<i>Hydnotrya</i>	<i>cerebriformis</i>	Harkn.	Low	Mycorrhizal	Toxic
Helvellaceae	<i>Helvella</i>	<i>crispa</i>	(Scop.).	Wide	Saprotrophic	Toxic
Helvellaceae	<i>Helvella</i>	<i>elastica</i>	Bull.	Wide	Saprotrophic	Toxic
Helvellaceae	<i>Helvella</i>	<i>macropus</i>	(Pers.) P. Karst.	Low	Mycorrhizal	Toxic
Pezizaceae	<i>Hydnobolites</i>	<i>cerebriformis</i>	Tul. & C. Tul.	Low	Mycorrhizal	Toxic
Pezizaceae	<i>Pachyploeus</i>	<i>carneus</i>	Karkn.	Low	Mycorrhizal	Toxic
Pezizaceae	<i>Pachyploeus</i>	<i>virescens</i>	Gilkey	Low	Mycorrhizal	Toxic
Ophiocordycipitaceae	<i>Elaphocordyceps</i>	<i>capitata</i>	(Holmsk.) G.H. Sung, J.M. Sung & Spataphora	Medium	Mycorrhizal	Toxic
Morchellaceae	<i>Morchella</i>	<i>esculenta</i>	(L.) Pers.	Medium	Mycorrhizal	Edible
Tuberaceae	<i>Tuber</i>	<i>lyonii</i>	Butters	Medium	Mycorrhizal	Edible
Tuberaceae	<i>Tuber</i>	<i>regimontanum</i>	G. Guevara, Bonito & Julio Rodr.	Low	Mycorrhizal	Edible
Agaricaceae	<i>Agaricus</i>	<i>xanthodermus</i>	Genev.	Wide	Saprotrophic	Toxic

Table 2 cont. ...

...Table 2 cont.

Family	Genus	Species	Authors	Distribution	Habit	Edibility
Agaricaceae	<i>Agaricus</i>	<i>campestris</i>	L.	Wide	Saprotrophic	Edible
Agaricaceae	<i>Agaricus</i>	<i>sylvaticus</i>	Schaeff.	Medium	Saprotrophic	Toxic
Agaricaceae	<i>Agaricus</i>	<i>silvicolae-similis</i>	Bohus & Locsmándi	Low	Saprotrophic	Toxic
Agaricaceae	<i>Agaricus</i>	<i>arvensis</i>	Schaeff.	Medium	Saprotrophic	Edible
Agaricaceae	<i>Agaricus</i>	<i>bitorquis</i>	(Qué.) Sacc.	Low	Saprotrophic	Edible
Agaricaceae	<i>Calvatia</i>	<i>bovista</i>	(L.) Murrill	Wide	Saprotrophic	Edible
Agaricaceae	<i>Calvatia</i>	<i>cyathiformis</i>	(Bosc) Morgan	Wide	Saprotrophic	Edible
Agaricaceae	<i>Chlorophyllum</i>	<i>molybdites</i>	(G. Mey.) Masse	Wide	Saprotrophic	Toxic
Agaricaceae	<i>Leptota</i>	<i>cristata</i>	(Bolton) P. Kumm.	Wide	Saprotrophic	Toxic
Agaricaceae	<i>Leptota</i>	<i>naucina</i>	(Fr.) P. Kumm.	Wide	Saprotrophic	Toxic
Agaricaceae	<i>Leptota</i>	<i>chypeolaria</i>	(Bull. ex Fr.) P. Kumm.	Wide	Saprotrophic	Toxic
Agaricaceae	<i>Leucoagaricus</i>	<i>rubrotinctus</i>	(Peck) Singer	Medium	Saprotrophic	Toxic
Agaricaceae	<i>Leucocoprinus</i>	<i>birnbaumii</i>	(Corda) Singer	Medium	Saprotrophic	Toxic
Agaricaceae	<i>Leucocoprinus</i>	<i>fragilissimus</i>	(Berk. & Rav.) Pat.	Medium	Saprotrophic	Toxic
Agaricaceae	<i>Leucocoprinus</i>	<i>cepistipes</i>	(Sow. ex Fr.) Pat.	Medium	Saprotrophic	Toxic
Agaricaceae	<i>Lycoperdon</i>	<i>perlatum</i>	Pers.	Wide	Saprotrophic	Edible

Agaricaceae	<i>Lycoperdon</i>	<i>pyriforme</i>	Schaeff.	Wide	Saprotrophic	Edible
Agaricaceae	<i>Lycoperdon</i>	<i>mammaeforme</i>	Pers.	Low	Saprotrophic	Edible
Agaricaceae	<i>Lycoperdon</i>	<i>marginatum</i>	Vitt.	Medium	Saprotrophic	Toxic
Agaricaceae	<i>Cystoderma</i>	<i>amianthinum</i>	(Scop.) Fayod	Low	Saprotrophic	Toxic
Agaricaceae	<i>Cystodermella</i>	<i>cinnabarina</i>	(Alb. & Schwein.) Harmaja	Medium	Saprotrophic	Toxic
Agaricaceae	<i>Cystodermella</i>	<i>granulosa</i>	(Batsch) Harmaja	Medium	Saprotrophic	Toxic
Agaricaceae	<i>Panaeolus</i>	<i>papilionaceus</i>	(Bull.) Quél.	Wide	Saprotrophic	Toxic
Agaricaceae	<i>Panaeolus</i>	<i>semiovatus</i>	(Sowerby) S. Lundell y Nannf.	Medium	Saprotrophic	Toxic
Agaricaceae	<i>Panaeolus</i>	<i>antillarum</i>	(Fr.) Dennis	Wide	Saprotrophic	Toxic
Agaricaceae	<i>Panaeolus</i>	<i>cinctulus</i>	(Bolton) Sacc.	Medium	Saprotrophic	Toxic
Agaricaceae	<i>Coprinus</i>	<i>comatus</i>	(OF Müll.) Pers.	Wide	Saprotrophic	Edible
Agaricaceae	<i>Phaeolepiota</i>	<i>aurea</i>	(Matt.) Maire	Low	Saprotrophic	Toxic
Amanitaceae	<i>Amanita</i>	<i>cochiseana</i>	Sanchez et al., 2015	Medium	Mycorrhizal	Edible
Amanitaceae	<i>Amanita</i>	<i>basii</i>	Guzmán & Ram.-Guill.	Medium	Mycorrhizal	Edible
Amanitaceae	<i>Amanita</i>	<i>phalloides</i>	(Vaill. Ex Fr.) Link	Medium	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>jacksonii</i>	Pomerl.	Medium	Mycorrhizal	Edible
Amanitaceae	<i>Amanita</i>	<i>abrupta</i>	Peck	Low	Mycorrhizal	Toxic

Table 2 cont. ...



...Table 2 cont.

Family	Genus	Species	Authors	Distribution	Habit	Edibility
Amanitaceae	<i>Amanita</i>	<i>crocea</i>	(Quél.) Singer	Low	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>fulva</i>	Fr.	Medium	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>muscaria</i>	(L.) Lam.	Wide	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>citrina</i>	Pers.	Wide	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>flavoconia</i>	G.F. Atk.	Wide	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>gemmata</i>	(Fr.) Bertill.	Wide	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>pantherina</i>	(DC.) Krombh.	Wide	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>polypyramis</i>	(Berk. & M.A. Curtis) Sacc.	Wide	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>rubescens</i>	Pers.	Wide	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>flavorubescens</i>	G.F. Atk.	Medium	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>virosa</i>	Bertill.	Medium	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>vena</i>	(Bull.) Lam.	Medium	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>bisporigera</i>	G.F. Atk.	Medium	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>strobiliformis</i>	(Paulet ex Vittad.) Bertill.	Medium	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>calyptroderma</i>	G.F. Atk. & VG Ballen	Low	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>cokeri</i>	E.-J. Gilbert & Kühner ex E.-J. Gilbert	Low	Mycorrhizal	Toxic

Amanitaceae	<i>Amanita</i>	<i>magniverrucata</i>	Thiers & Ammirati	Low	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>onusta</i>	(Howe) Sacc.	Low	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>perpasta</i>	Corner & Bas	Low	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>peckiana</i>	Kauffman	Low	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>porphyria</i>	Alb. & Schwein.	Low	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>smithiana</i>	Bas	Medium	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>vaginata</i>	(Bull.) Lam.	Medium	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>variabilis</i>	E.-J. Gilbert y Cleland	Low	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>tuza</i>	Guzmán	Medium	Mycorrhizal	Toxic
Amanitaceae	<i>Amanita</i>	<i>spreta</i>	(Peck) Sacc.	Low	Mycorrhizal	Toxic
Amanitaceae	<i>Limacella</i>	<i>illinita</i>	(Fr.) Maire	Low	Mycorrhizal	Toxic
Bolbitiaceae	<i>Conocybe</i>	<i>lateritia</i>	(Fr.) Kühner	Medium	Saprotrophic	Toxic
Bolbitiaceae	<i>Conocybe</i>	<i>apala</i>	(Fr.) Arnolds	Low	Saprotrophic	Toxic
Bolbitiaceae	<i>Bolbitius</i>	<i>titubans</i>	(Bull.) Fr.	Low	Saprotrophic	Toxic
Cortinariaceae	<i>Cortinarius</i>	<i>sanguineus</i>	(Wulfen) Gray	Wide	Mycorrhizal	Toxic
Cortinariaceae	<i>Cortinarius</i>	<i>semisanguineus</i>	(Fr.) Gillet	Medium	Mycorrhizal	Toxic
Cortinariaceae	<i>Cortinarius</i>	<i>elegantissimus</i>	Rob. Henry	Low	Mycorrhizal	Toxic

Table 2 cont. ...

...Table 2 cont.

Family	Genus	Species	Authors	Distribution	Habit	Edibility
Cortinariaceae	<i>Cortinarius</i>	<i>violaceus</i>	(L.) Gray	Wide	Mycorrhizal	Toxic
Cortinariaceae	<i>Cortinarius</i>	<i>collinitus</i>	(Sowery) Gray	Medium	Mycorrhizal <sup>32</sup>	Toxic
Cortinariaceae	<i>Cortinarius</i>	<i>corrugatus</i>	Peck	Low	Mycorrhizal	Toxic
Cortinariaceae	<i>Cortinarius</i>	<i>purpureus</i>	(Bull.) Bidaud, Moënne-Loec. & Reumaux	Medium	Mycorrhizal	Toxic
Cortinariaceae	<i>Cortinarius</i>	<i>traganus</i>	(Fr.) Fr.	Medium	Mycorrhizal	Toxic
Cortinariaceae	<i>Cortinarius</i>	<i>magnivelatus</i>	Dearness ex Fogel	Low	Mycorrhizal	Toxic
Cortinariaceae	<i>Cortinarius</i>	<i>smithii</i>	Amirati, Niskaenen & Liimat	Low	Mycorrhizal	Toxic
Cortinariaceae	<i>Cortinarius</i>	<i>pinetorum</i>	Fr. Kauffman	Low	Mycorrhizal	Toxic
Cortinariaceae	<i>Cortinarius</i>	<i>paleaceus</i>	(Weinm.) Fr.	Low	Mycorrhizal	Toxic
Entolomataceae	<i>Entoloma</i>	<i>mexicanum</i>	(Murrill) Hesler	Low	Mycorrhizal	Toxic
Entolomataceae	<i>Entoloma</i>	<i>sinuatum</i>	(Bull.) P. Kum.	Wide	Saprotrophic <sup>42</sup>	Toxic
Entolomataceae	<i>Entoloma</i>	<i>incanum</i>	(Fr.) Hesler	Low	Saprotrophic	Toxic
Entolomataceae	<i>Entoloma</i>	<i>abortivum</i>	(Berk. & MA Curtis) Donk	Low	Saprotrophic	Toxic
Hydnangiaceae	<i>Laccaria</i>	<i>bicolor</i>	(Maire) PD Orton	Medium	Mycorrhizal	Edible
Hydnangiaceae	<i>Laccaria</i>	<i>laccata</i>	(Scop.) Cooke	Wide	Mycorrhizal	Edible
Hydnangiaceae	<i>Laccaria</i>	<i>proxima</i>	(Boud.) Pat.	Low	Mycorrhizal	Edible

Hygrophoraceae	<i>Hygrocybe</i>	<i>acutoconica</i>	(Clem.) Singer	Medium	Saprotrophic	Toxic
Hygrophoraceae	<i>Hygrophorus</i>	<i>erubescens</i>	(Fr.) Fr.	Medium	Mycorrhizal	Toxic
Hygrophoraceae	<i>Hygrophorus</i>	<i>russula</i>	(Schaeff. Ex Fr.) Kauffman	Wide	Saprotrophic	Edible
Hygrophoraceae	<i>Hygrocybe</i>	<i>conica</i>	(Schaeff.) P. Kumm.	Medium	Saprotrophic	Toxic
Hygrophoraceae	<i>Gliophorus</i>	<i>psittacinus</i>	(Schaeff.) Herink	Low	Saprotrophic	Toxic
Inocybaceae	<i>Crepidotus</i>	<i>mollis</i>	(Schaeff.) Staudé	Wide	Saprotrophic	Toxic
Inocybaceae	<i>Inocybe</i>	<i>erubescens</i>	A. Blytt	Medium	Mycorrhizal	Toxic
Inocybaceae	<i>Inocybe</i>	<i>geophylla</i>	(Bull.) P. Kumm.	Medium	Mycorrhizal	Toxic
Inocybaceae	<i>Inocybe</i>	<i>histrix</i>	(Fr.) P. Karst.	Low	Mycorrhizal	Toxic
Inocybaceae	<i>Inocybe</i>	<i>rimosa</i>	(Bull.) P. Kumm.	Medium	Mycorrhizal	Toxic
Inocybaceae	<i>Inocybe</i>	<i>lacera</i>	(Fr.) Kumm.	Medium	Mycorrhizal	Toxic
Inocybaceae	<i>Inocybe</i>	<i>confusa</i>	P. Karst.	Low	Mycorrhizal	Toxic
Inocybaceae	<i>Inocybe</i>	<i>maculata</i>	Boud.	Low	Mycorrhizal	Toxic
Lyophyllaceae	<i>Lyophyllum</i>	<i>decastes</i>	(Fr.) Singer	Low	Saprotrophic	Edible
Mycenaceae	<i>Mycena</i>	<i>pura</i>	(Pers.) P. Kumm	Medium	Saprotrophic	Toxic
Mycenaceae	<i>Panellus</i>	<i>pusillus</i>	(Pers. ex Lév.) Burds. & O.K. Mill.	Medium	Saprotrophic	Toxic
Mycenaceae	<i>Panellus</i>	<i>stripticus</i>	(Bull.) P. Karst.	Medium	Saprotrophic	Toxic

Table 2 cont. ...

...Table 2 cont.

Family	Genus	Species	Authors	Distribution	Habit	Edibility
Mycenaceae	<i>Xeromphalina</i>	<i>cauticinalis</i>	(With.) Kühner & Maire	Medium	Saprotrophic	Toxic
Mycenaceae	<i>Xeromphalina</i>	<i>tenuipes</i>	(Schwein.) A.H. Sm.	Medium	Saprotrophic	Toxic
Physalaciaceae	<i>Armillaria</i>	<i>mellea</i>	(Vahl) P. Kumm.	Medium	Pathogenic	Toxic
Physalaciaceae	<i>Desarmillaria</i>	<i>tabescens</i>	(Scop.) RA Koch y Aime	Medium	Pathogenic	Toxic
Physalaciaceae	<i>Cryptotrama</i>	<i>chrysopeplum</i>	(Berk. & M. A. Curtis) Singer	Low	Saprotrophic	Toxic
Physalaciaceae	<i>Flammulina</i>	<i>velutipes</i>	(Curtis) Singer	Low	Saprotrophic	Edible
Physalaciaceae	<i>Oudemansiella</i>	<i>canarii</i>	(Jung) Höhn.	Low	Saprotrophic	Edible
Pleurotaceae	<i>Pleurotus</i>	<i>dryinus</i>	(Pers.) P. Kumm.	Low	Saprotrophic	Edible
Pluteaceae	<i>Pluteus</i>	<i>petasatus</i>	(Fr.) Gillet	Low	Saprotrophic	Toxic
Pluteaceae	<i>Pluteus</i>	<i>cervinus</i>	(Schaeff.) P. Kumm.	Wide	Saprotrophic	Toxic
Pluteaceae	<i>Vohvariella</i>	<i>vohvacea</i>	(Bull.) Singer	Low	Saprotrophic	Edible
Pluteaceae	<i>Vohvariella</i>	<i>bombycina</i>	(Schaeff.) Cantante	Low	Saprotrophic	Edible
Pluteaceae	<i>Vohvariella</i>	<i>gloiocephala</i>	(DC.) Boekhout y Enderle	Medium	Saprotrophic	Edible
Psathyrellaceae	<i>Psathyrella</i>	<i>candolleana</i>	(Fr.) Maire.	Wide	Saprotrophic	Toxic
Psathyrellaceae	<i>Coprinellus</i>	<i>atramentarius</i>	(Bull.) Redhead, Vilgalys & Monclavo	Wide	Saprotrophic	Toxic
Schizophyllaceae	<i>Schizophyllum</i>	<i>commune</i>	P.	Wide	Saprotrophic	Edible

Strophariaceae	<i>Pholiota</i>	<i>adiposa</i>	(Batsch: Fr.) P. Kumm.	Medium	Saprotrophic	Toxic
Strophariaceae	<i>Pholiota</i>	<i>squarrosa</i>	(Batsch.) P.Kumm.	Low	Saprotrophic	Toxic
Strophariaceae	<i>Protostropharia</i>	<i>semiglobata</i>	(Batsch ex Fr.) Quéf.	Wide	Saprotrophic	Toxic
Tapinellaceae	<i>Tapinella</i>	<i>panuoides</i>	(Fr.) Fr.	Wide	Saprotrophic	Toxic
Tapinellaceae	<i>Tapinella</i>	<i>atrotoментosa</i>	(Batsch) Šutara	Wide	Saprotrophic	Toxic
Omphalotaceae	<i>Gymnopus</i>	<i>alkalivirens</i>	(Singer) Halling	Low	Saprotrophic	Toxic
Omphalotaceae	<i>Gymnopus</i>	<i>confluens</i>	(Pers.) Antonin, Halling & Noordel.	Medium	Saprotrophic	Toxic
Omphalotaceae	<i>Gymnopus</i>	<i>fusipes</i>	(Bull.) Gray	Medium	Saprotrophic	Toxic
Omphalotaceae	<i>Omphalotus</i>	<i>olivascens</i>	H.E. Bigelow, OK Mill. & Thiers	Low	Saprotrophic	Toxic
Omphalotaceae	<i>Omphalotus</i>	<i>subtiludens</i>	(Murrill) HE Bigelow	Medium	Saprotrophic	Toxic
Tricholomataceae	<i>Leucopaxillus</i>	<i>gentianus</i>	(Quéf.) Kotl.	Medium	Mycorrhizal	Toxic
Tricholomataceae	<i>Leucopaxillus</i>	<i>albissimus</i>	(Peck) Singer	Low	Mycorrhizal	Toxic
Tricholomataceae	<i>Resupinatus</i>	<i>applicatus</i>	(Batsch) Gray	Medium	Saprotrophic	Toxic
Tricholomataceae	<i>Clitocybe</i>	<i>dealbata</i>	(Sow. Fr.) Kumm.	Medium	Saprotrophic	Toxic
Tricholomataceae	<i>Clitocybe</i>	<i>gibba</i>	(Pers.) P. Kumm.	Medium	Mycorrhizal	Edible
Tricholomataceae	<i>Lepista</i>	<i>nuda</i>	(Bull.) Cooke	Medium	Saprotrophic	Edible
Tricholomataceae	<i>Lepista</i>	<i>sordida</i>	(Schumach.) Cantante	Low	Saprotrophic	Edible

Table 2 cont. ...

...Table 2 cont.

Family	Genus	Species	Authors	Distribution	Habit	Edibility
Tricholomataceae	<i>Tricholoma</i>	<i>sejunctum</i>	(Sow. ex Fr.) Quéf	Medium	Mycorrhizal	Toxic
Tricholomataceae	<i>Tricholoma</i>	<i>sulphureum</i>	(Bull.) Fr.) Kumm.	Medium	Mycorrhizal	Toxic
Tricholomataceae	<i>Tricholoma</i>	<i>virgatum</i>	(Fr.) Fr.) Kumm.	Medium	Mycorrhizal	Toxic
Tricholomataceae	<i>Tricholoma</i>	<i>vaccinum</i>	(Pers.) Fr.) Kumm.	Medium	Mycorrhizal	Toxic
Tricholomataceae	<i>Tricholoma</i>	<i>flavovirens</i>	(Pers.) S. Lundell	Low	Mycorrhizal	Edible
Tricholomataceae	<i>Tricholoma</i>	<i>magnivelare</i>	(Peck) Redhead	Low	Mycorrhizal	Edible
Tricholomataceae	<i>Tricholomopsis</i>	<i>rutilans</i>	(Schaeff.) Singer	Medium	Saprotrophic	Toxic
Tricholomataceae	<i>Tricholomopsis</i>	<i>decora</i>	(Fr.) Singer	Low	Saprotrophic	Toxic
Auriculariaceae	<i>Auricularia</i>	<i>nigricans</i>	(Sw.) Birkebak, Looney & Sánchez-García	Medium	Saprotrophic	Edible
Auriculariaceae	<i>Exidia</i>	<i>glandulosa</i>	(Bull.) Fr.	Wide	Saprotrophic	Toxic
Auriculariaceae	<i>Exidia</i>	<i>recisa</i>	(Ditmar) Fr.	Low	Saprotrophic	Toxic
Boletaceae	<i>Caloboletus</i>	<i>inedulis</i>	(Murrill) Vizzini	Medium	Mycorrhizal	Toxic
Boletaceae	<i>Boletellus</i>	<i>coccineus</i>	(Sacc.) Singer	Low	Mycorrhizal	Edible
Boletaceae	<i>Boletellus</i>	<i>ananas</i>	(MA Curtis) Murrill	Medium	Mycorrhizal	Edible
Boletaceae	<i>Horriboletus</i>	<i>rubellus</i>	(Krombh.) Simonini, Vizzini & Gelardi	Wide	Mycorrhizal	Edible
Boletaceae	<i>Horriboletus</i>	<i>campestris</i>	(AH Sm. & Thiers) Biketova & Wasser	Medium	Mycorrhizal	Edible



Boletaceae	<i>Boletus</i>	<i>varitipes</i>	Peck	Medium	Mycorrhizal	Toxic
Boletaceae	<i>Boletus</i>	<i>amigdalinus</i>	(Thiers) Thiers	Low	Mycorrhizal	Toxic
Boletaceae	<i>Boletus</i>	<i>paulae</i>	J. García, Singer y F. Garza-Ocañas	Low	Mycorrhizal	Edible
Boletaceae	<i>Boletus</i>	<i>subluridellus</i>	A.H. Sm. & Thiers	Medium	Mycorrhizal	Toxic
Boletaceae	<i>Boletus</i>	<i>subvelutipes</i>	Peck	Medium	Mycorrhizal	Toxic
Boletaceae	<i>Boletus</i>	<i>luridellus</i>	(Murrill) Murrill	Low	Mycorrhizal	Toxic
Boletaceae	<i>Boletus</i>	<i>barrowsi</i>	Thiers & AH Sm.	Low	Mycorrhizal	Toxic
Boletaceae	<i>Boletus</i>	<i>pinophilus</i>	Pilát & Dermek	Wide	Mycorrhizal	Edible
Boletaceae	<i>Porphyrellus</i>	<i>cyaneotinctus</i>	(A.H. Sm. & Thiers) Cantante	Medium	Mycorrhizal	Toxic
Boletaceae	<i>Sutorius</i>	<i>eximius</i>	(Peck) Halling, Nuhn & Osmundson	Wide	Mycorrhizal	Toxic
Boletaceae	<i>Aureoboletus</i>	<i>russellii</i>	(Escarcha) G. Wu y Zhu L. Yang	Wide	Mycorrhizal	Edible
Boletaceae	<i>Butyriboletus</i>	<i>frostii</i>	(JL Russell) G. Wu, Kuan Zhao y Zhu L. Yang	Wide	Mycorrhizal	Edible
Boletaceae	<i>Suillus</i>	<i>luridus</i>	(Schaeff.) Murrill	Wide	Mycorrhizal	Toxic
Boletaceae	<i>Leccinum</i>	<i>manzanitae</i>	Thiers	Medium	Mycorrhizal	Edible
Boletaceae	<i>Leccinum</i>	<i>aurantiacum</i>	(Bull.) Gray	Low	Mycorrhizal	Edible
Boletaceae	<i>Harrya</i>	<i>chromapes</i>	(Frost) Halling, Nuhn, Osmundson y Manfr. Binder	Medium	Mycorrhizal	Edible
Boletaceae	<i>Tylopilus</i>	<i>felleus</i>	(Bull.) P. Karst.	Low	Mycorrhizal	Toxic

Table 2 cont. ...

...Table 2 cont.

Family	Genus	Species	Authors	Distribution	Habit	Edibility
Boletaceae	<i>Tylopilus</i>	<i>plumbeoviolaceus</i>	(Snell y EA Dick) Snell y EA Dick	Medium	Mycorrhizal	Toxic
Boletaceae	<i>Tylopilus</i>	<i>tabacinus</i>	(Peck) Singer	Low	Mycorrhizal	Toxic
Boletaceae	<i>Tylopilus</i>	<i>alboater</i>	(Schwein) Murrill	Low	Mycorrhizal	Toxic
Boletaceae	<i>Strobilomyces</i>	<i>confusus</i>	Singer	Medium	Mycorrhizal	Edible
Boletaceae	<i>Strobilomyces</i>	<i>strobilaceus</i>	(Scop.) Berk.	Wide	Mycorrhizal	Edible
Boletinellaceae	<i>Boletinellus</i>	<i>meruloides</i>	(Schwein.) Murrill	Medium	Mycorrhizal	Edible
Boletinellaceae	<i>Phlebopus</i>	<i>portentosus</i>	(Berk. & Broome) Boedijn	Low	Mycorrhizal	Edible
Boletinellaceae	<i>Phlebopus</i>	<i>brassiliensis</i>	Singer	Low	Saprotrophic	Edible
Gyroporaceae	<i>Gyroporus</i>	<i>castaneus</i>	(Bull.) Quél.	Medium	Mycorrhizal	Edible
Gyroporaceae	<i>Gyroporus</i>	<i>subalbellus</i>	Murrill	Low	Mycorrhizal	Edible
Gyroporaceae	<i>Gyroporus</i>	<i>castaneus</i>	(Bull.) Quél.	Medium	Mycorrhizal	Edible
Hygrophoropsidaceae	<i>Hygrophoropsis</i>	<i>aurantiaca</i>	(Wulf. ex Fr.) Maire	Medium	Saprotrophic	Toxic
Rhizopogonaceae	<i>Rhizopogon</i>	<i>occidentalis</i>	Zeller & CW Dodge	Low	Mycorrhizal	Edible
Rhizopogonaceae	<i>Rhizopogon</i>	<i>luteolus</i>	Fr.	Medium	Mycorrhizal	Edible
Sclerodermataceae	<i>Scleroderma</i>	<i>areolatum</i>	Ehrenb.	Wide	Mycorrhizal	Toxic
Sclerodermataceae	<i>Scleroderma</i>	<i>verrucosum</i>	(Bull.) Pers.	Wide	Mycorrhizal	Toxic

Sclerodermataceae	<i>Scleroderma</i>	<i>texense</i>	Berk.	Medium	Mycorrhizal	Toxic
Sclerodermataceae	<i>Scleroderma</i>	<i>cepa</i>	Pers.	Medium	Mycorrhizal	Toxic
Sclerodermataceae	<i>Scleroderma</i>	<i>citrinum</i>	Pers.	Medium	Mycorrhizal	Toxic
Sclerodermataceae	<i>Pisolithus</i>	<i>arhizus</i>	(Scop.) Rauschert	Wide	Mycorrhizal	Edible
Suillaceae	<i>Suillus</i>	<i>brevipes</i>	(Peck) Kuntze	Wide	Mycorrhizal	Edible
Suillaceae	<i>Suillus</i>	<i>cothurnatus</i>	Cantante	Medium	Mycorrhizal	Edible
Suillaceae	<i>Suillus</i>	<i>granulatus</i>	(L.) Roussel	Wide	Mycorrhizal	Edible
Suillaceae	<i>Suillus</i>	<i>spraguei</i>	(Berk. & MA Curtis) Kuntze	Medium	Mycorrhizal	Edible
Suillaceae	<i>Suillus</i>	<i>pseudobrevipes</i>	A.H. Sm. Y Thiers	Medium	Mycorrhizal	Edible
Suillaceae	<i>Suillus</i>	<i>tomentosus</i>	Singer	Wide	Mycorrhizal	Edible
Suillaceae	<i>Suillus</i>	<i>luteus</i>	(L.) Roussel	Medium	Mycorrhizal	Edible
Cantharellaceae	<i>Cantharellus</i>	<i>cibarius</i>	Fr.	Wide	Mycorrhizal	Edible
Cantharellaceae	<i>Cantharellus</i>	<i>lateritius</i>	(Berk.) Cantante	Medium	Mycorrhizal	Edible
Cantharellaceae	<i>Cantharellus</i>	<i>cinnabarinus</i>	(Schwein.) Schwein.	Low	Mycorrhizal	Edible
Cantharellaceae	<i>Craterellus</i>	<i>fallax</i>	A.H. Smith	Low	Mycorrhizal	Edible
Cantharellaceae	<i>Craterellus</i>	<i>cornucopioides</i>	(L.) Pers.	Low	Mycorrhizal	Edible
Hydnaceae	<i>Hydnum</i>	<i>repandum</i>	L.	Medium	Mycorrhizal	Edible

Table 2 cont. ...

...Table 2 cont.

Family	Genus	Species	Authors	Distribution	Habit	Edibility
Clavariadelphaceae	<i>Clavariadelphus</i>	<i>truncatus</i>	Donk	Wide	Saprotrophic	Edible
Clavariadelphaceae	<i>Clavariadelphus</i>	<i>ligula</i>	(Schaeff.) Donk	Low	Saprotrophic	Edible
Gomphaceae	<i>Gomphus</i>	<i>clavatus</i>	(Pers.) Gray	Medium	Mycorrhizal	Edible
Gomphaceae	<i>Turbinellus</i>	<i>flocosus</i>	(Schwein.) Earle & Giachini & Castellano	Low	Mycorrhizal	Toxic
Gomphaceae	<i>Ramaria</i>	<i>formosa</i>	(Pers. Fr.) Qué.	Medium	Mycorrhizal	Toxic
Gomphaceae	<i>Ramaria</i>	<i>flava</i>	(Schaeff.) Qué.	Wide	Mycorrhizal	Toxic
Gomphaceae	<i>Ramaria</i>	<i>botrytoides</i>	(Peck) Corner	Medium	Mycorrhizal	Toxic
Tremellaceae	<i>Tremella</i>	<i>foliacea</i>	Pers.	Medium	Saprotrophic	Edible
Tremellaceae	<i>Tremella</i>	<i>lutescens</i>	Lloyd	Wide	Saprotrophic	Edible
Tremellaceae	<i>Tremella</i>	<i>fuciformis</i>	Berk.	Medium	Saprotrophic	Edible
Hymenogastreae	<i>Hebeloma</i>	<i>crustuliniforme</i>	(Bull.) Qué.	Medium	Mycorrhizal	Toxic
Hymenogastreae	<i>Galerina</i>	<i>marginata</i>	(Batsch) Kühner	Low	Saprotrophic	Toxic
Hymenogastreae	<i>Gymnopilus</i>	<i>fulvosquamulosus</i>	Hesler	Low	Saprotrophic	Toxic
Hymenogastreae	<i>Gymnopilus</i>	<i>penetrans</i>	(Fr.) Murrill	Medium	Saprotrophic	Toxic
Hymenogastreae	<i>Hypholoma</i>	<i>capnoides</i>	(Fr.) P. Kumm.	Medium	Saprotrophic	Toxic
Hymenogastreae	<i>Hypholoma</i>	<i>fasciculare</i>	(Huds. ex Fr.) P. Karst.	Wide	Saprotrophic	Toxic

Hymenogastraceae	<i>Psilocybe</i>	<i>mexicana</i>	R. Heim.	Low	Saprotrophic	Toxic
Hymenogastraceae	<i>Deconica</i>	<i>coprophila</i>	(Bull.) P. Kumm.	Wide	Saprotrophic	Toxic
Hymenogastraceae	<i>Gymnopilus</i>	<i>aeruginosus</i>	(Peck) Singer	Wide	Saprotrophic	Toxic
Fomitopsidaceae	<i>Phaeolus</i>	<i>schweinitzii</i>	(Fr.) Pat.	Wide	Pathogenic	Toxic
Ganodermataceae	<i>Ganoderma</i>	<i>applanatum</i>	(Pers.) Pat.	Wide	Pathogenic	Medicinal
Ganodermataceae	<i>Ganoderma</i>	<i>curtisii</i>	(Berk.) Murrill	Medium	Pathogenic	Medicinal
Ganodermataceae	<i>Ganoderma</i>	<i>resinaceum</i>	Boud.	Medium	Pathogenic	Medicinal
Ganodermataceae	<i>Ganoderma</i>	<i>lobatum</i>	(Cooke) GF Atk.	Medium	Pathogenic	Medicinal
Ganodermataceae	<i>Ganoderma</i>	<i>colossus</i>	(Fr.) Baker	Low	Pathogenic	Medicinal
Ganodermataceae	<i>Ganoderma</i>	<i>oerstedii</i>	(Fr.) Torrend	Medium	Pathogenic	Medicinal
Ganodermataceae	<i>Ganoderma</i>	<i>brownii</i>	(Murrill) Gilb.	Medium	Pathogenic	Medicinal
Ganodermataceae	<i>Humphreya</i>	<i>coffea</i>	(Berk.) Staeyaert	Low	Pathogenic	Medicinal
Meruliaceae	<i>Cymatoderma</i>	<i>caperatum</i>	(Berk. & Mont.) D.A.	Medium	Saprotrophic	Medicinal
Meruliaceae	<i>Phlebia</i>	<i>tremellosa</i>	(Schrad.) Nakasone & Burds.	Medium	Saprotrophic	Medicinal
Phanerochaetaceae	<i>Byssomerulius</i>	<i>incarnatus</i>	(Schwein.) Gilb.	Wide	Pathogenic	Medicinal
Polyporaceae	<i>Hexagonia</i>	<i>hydroides</i>	(Sw.) M. Fidalgo	Wide	Saprotrophic	Medicinal
Polyporaceae	<i>Pycnoporus</i>	<i>sanguineus</i>	(L.) Murrill	Wide	Saprotrophic	Medicinal

Table 2 cont. ...

...Table 2 cont.

Family	Genus	Species	Authors	Distribution	Habit	Edibility
Polyporaceae	<i>Trametes</i>	<i>versicolor</i>	(L.) Lloyd	Medium	Saprotrophic	Medicinal
Polyporaceae	<i>Lentinus</i>	<i>crinitus</i>	(L.) Fr.	Wide	Saprotrophic	Edible
Polyporaceae	<i>Neolentinus</i>	<i>lepidus</i>	(Fr.) Redhead & Gimms	Low	Pathogenic	Edible
Albatrellaceae	<i>Albatrellus</i>	<i>elisi</i>	(Berk.) Pouzar	Low	Pathogenic	Edible
Fomitopsidaceae	<i>Laetiporus</i>	<i>sulphureus</i>	(Bull.) Murrill	Low	Saprotrophic	Edible
Bondarzewiaceae	<i>Amylosporus</i>	<i>campbellii</i>	(Berk.) Ryvarden	Low	Saprotrophic	Medicinal
Bondarzewiaceae	<i>Heterobasidium</i>	<i>annosum</i>	(Fr.) Bref.	Low	Pathogenic	Toxic
Hericiaceae	<i>Hericium</i>	<i>erinaceus</i>	(Bull.) Pers.	Wide	Saprotrophic	Edible
Hericiaceae	<i>Hericium</i>	<i>coralloides</i>	(Scop.) Pers.	Low	Saprotrophic	Edible
Russulaceae	<i>Lactarius</i>	<i>rufus</i>	(Scop.) Fr.	Medium	Mycorrhizal	Toxic
Russulaceae	<i>Lactarius</i>	<i>scrobiculatus</i>	(Scop.) Fr.	Low	Mycorrhizal <sup>76</sup>	Toxic
Russulaceae	<i>Lactarius</i>	<i>torminosus</i>	(Schaeff.) Gray	Low	Mycorrhizal	Toxic
Russulaceae	<i>Lactarius</i>	<i>vellereus</i>	(Fr.) Fr.	Low	Mycorrhizal	Toxic
Russulaceae	<i>Lactarius</i>	<i>chrysorrheus</i>	Fr.	Low	Mycorrhizal	Toxic
Russulaceae	<i>Lactarius</i>	<i>piperatus</i>	(L.) Pers.	Low	Mycorrhizal	Toxic
Russulaceae	<i>Lactarius</i>	<i>uvidus</i>	(Fr.) Fr.	Low	Mycorrhizal	Toxic

Russulaceae	<i>Lactarius</i>	<i>deliciosus</i>	(L.) Gray		Medium	Mycorrhizal	Edible
Russulaceae	<i>Lactarius</i>	<i>indigo</i>	(Schwein.) P.		Low	Mycorrhizal	Edible
Russulaceae	<i>Lactarius</i>	<i>volemus</i>	(Fr.) Fr.		Low	Mycorrhizal	Edible
Russulaceae	<i>Lactarius</i>	<i>zonarius</i>	(Bull.) Fr.		Low	Mycorrhizal	Toxic
Russulaceae	<i>Russula</i>	<i>emetica</i>	(Schaeff.) Pers.		Wide	Mycorrhizal	Toxic
Russulaceae	<i>Russula</i>	<i>nigricans</i>	Fr.		Medium	Mycorrhizal	Toxic
Russulaceae	<i>Russula</i>	<i>albonigra</i>	Fr.		Low	Mycorrhizal	Toxic
Russulaceae	<i>Russula</i>	<i>cyanoxantha</i>	(Schaeff.)		Medium	Mycorrhizal	Edible
Russulaceae	<i>Russula</i>	<i>brevipes</i>	Peck		Wide	Mycorrhizal	Edible
Russulaceae	<i>Russula</i>	<i>virescens</i>	(Schaeff.)		Medium	Mycorrhizal	Edible
Russulaceae	<i>Russula</i>	<i>rosea</i>	Pers.		Low	Mycorrhizal	Toxic
Russulaceae	<i>Russula</i>	<i>foetens</i>	(Pers.) Fr.		Medium	Mycorrhizal	Toxic
Stereaceae	<i>Stereum</i>	<i>ostrea</i>	(Blume & T. Nees)		Wide	Saprotrophic	Toxic
Sebacinaceae	<i>Tremelodendron</i>	<i>schweinitzii</i>	(Peck) G.F. Atk.		Medium	Mycorrhizal	Toxic
Bankeraceae	<i>Hydnellum</i>	<i>scrobiculatum</i>	(Fr.) P. Karst.		Medium	Mycorrhizal	Toxic
Bankeraceae	<i>Pheilloodon</i>	<i>niger</i>	(Fr.) P. Karst.		Medium	Mycorrhizal	Toxic
Bankeraceae	<i>Sarcodon</i>	<i>scabrosus</i>	(Fr.) P. Karst.		Medium	Mycorrhizal	Toxic

Table 2 cont. ...



...Table 2 cont.

Family	Genus	Species	Authors	Distribution	Habit	Edibility
Bankeraceae	<i>Sarcodon</i>	<i>imbricatus</i>	(L.) P. Karst.	Medium	Mycorrhizal	Toxic
Hypocreaceae	<i>Hypomyces</i>	<i>lactifluorum</i>	(Schwein.) Tul. Y C. Tul.	Wide	Pathogenic	Edible
Pyrenomataceae	<i>Aleuria</i>	<i>aurantia</i>	(Pers.) Fuckel	Wide	Saprotrophic	Toxic

Table 3. Distribution of species in the Northern States of Mexico.

Genus	Species	BCN	Sonora	Chih.	Durango	Coahuila	Nuevo León	Tam.
<i>Leotia</i>	<i>lubrica</i>			x	x	x	x	x
<i>Leotia</i>	<i>viscosa</i>			x	x			x
<i>Gyromitra</i>	<i>esculenta</i>			x	x		x	
<i>Hydnortya</i>	<i>cerebriformis</i>						x	x
<i>Helvella</i>	<i>crispa</i>	x	x	x	x	x	x	x
<i>Helvella</i>	<i>elastica</i>			x	x	x	x	x
<i>Helvella</i>	<i>macropus</i>	x	x	x	x	x	x	x
<i>Hydnobolites</i>	<i>cerebriformis</i>						x	x
<i>Pachyploeus</i>	<i>carneus</i>						x	x
<i>Pachyploeus</i>	<i>virescens</i>						x	x
<i>Elaphocordyceps</i>	<i>capitata</i>			x	x		x	x
<i>Morchella</i>	<i>esculenta</i>			x		x	x	x
<i>Tuber</i>	<i>lyonii</i>					x	x	x
<i>Tuber</i>	<i>regimontianum</i>						x	
<i>Agaricus</i>	<i>xanthodermus</i>	x		x	x	x	x	x
<i>Agaricus</i>	<i>campestris</i>	x	x	x	x	x	x	x

Table 3 cont. ...

...Table 3 cont.

Genus	Species	BCN	Sonora	Chih.	Durango	Coahuila	Nuevo León	Tam.
<i>Agaricus</i>	<i>sibaticus</i>	x		x	x		x	
<i>Agaricus</i>	<i>sibicolae-similis</i>			x	x		x	
<i>Agaricus</i>	<i>arvensis</i>	x		x	x	x	x	
<i>Agaricus</i>	<i>bitorquis</i>	x	x	x	x			
<i>Calvatia</i>	<i>bovista</i>		x	x	x	x	x	x
<i>Calvatia</i>	<i>cyathiformis</i>	x		x	x	x	x	x
<i>Chlorophyllum</i>	<i>molybdites</i>	x	x	x	x	x	x	x
<i>Leptota</i>	<i>cristata</i>	x	x	x	x	x	x	x
<i>Leptota</i>	<i>naucina</i>		x	x	x		x	
<i>Leptota</i>	<i>clypeolaria</i>		x	x	x	x	x	x
<i>Leucogaricus</i>	<i>rubrotinctus</i>				x		x	x
<i>Leucocoprinus</i>	<i>birnbaumii</i>	x		x	x	x	x	x
<i>Leucocoprinus</i>	<i>fragilissimus</i>			x	x		x	x
<i>Leucocoprinus</i>	<i>cepistipes</i>		x	x	x	x	x	x
<i>Lycoperdon</i>	<i>perlatum</i>	x	x	x	x	x	x	x
<i>Lycoperdon</i>	<i>pyriforme</i>	x	x	x	x	x	x	x



...Table 3 cont.

Genus	Species	BCN	Sonora	Chih.	Durango	Coahuila	Nuevo León	Tam.
<i>Amanita</i>	<i>fulva</i>		x	x	x	x	x	x
<i>Amanita</i>	<i>muscaria</i>	x	x	x	x	x	x	x
<i>Amanita</i>	<i>citrina</i>		x	x	x	x		
<i>Amanita</i>	<i>flavoconia</i>	x	x	x	x	x	x	x
<i>Amanita</i>	<i>gemmata</i>	x	x	x	x	x	x	x
<i>Amanita</i>	<i>pantherina</i>	x	x	x	x	x		x
<i>Amanita</i>	<i>polypyrarnis</i>	x	x	x	x	x		x
<i>Amanita</i>	<i>rubescens</i>	x	x	x	x	x	x	x
<i>Amanita</i>	<i>flavorubescens</i>			x	x			
<i>Amanita</i>	<i>virosa</i>		x	x	x	x		x
<i>Amanita</i>	<i>verna</i>	x		x	x	x		x
<i>Amanita</i>	<i>bisporigera</i>	x	x	x	x	x		x
<i>Amanita</i>	<i>strobiliformis</i>	x		x	x			
<i>Amanita</i>	<i>calyptroderma</i>		x	x	x			
<i>Amanita</i>	<i>cokeri</i>	x	x	x	x			
<i>Amanita</i>	<i>magniverrucata</i>	x	x	x	x			
<i>Amanita</i>	<i>onusta</i>			x	x	x		x



...Table 3 cont.

Genus	Species	BCN	Sonora	Chih.	Durango	Coahuila	Nuevo León	Tam.
<i>Cortinarius</i>	<i>corrugatus</i>					x		x
<i>Cortinarius</i>	<i>purpureus</i>			x				
<i>Cortinarius</i>	<i>traganus</i>				x			
<i>Cortinarius</i>	<i>magnivelatus</i>			x				
<i>Cortinarius</i>	<i>smithii</i>		x	x				
<i>Cortinarius</i>	<i>pinetorum</i>					x		
<i>Cortinarius</i>	<i>pateaceus</i>					x		
<i>Entoloma</i>	<i>mexicanum</i>					x		
<i>Entoloma</i>	<i>sinuatum</i>			x		x		x
<i>Entoloma</i>	<i>incanum</i>					x		
<i>Entoloma</i>	<i>abortivum</i>				x	x		
<i>Laccaria</i>	<i>bicolor</i>	x		x	x	x		
<i>Laccaria</i>	<i>laccata</i>	x	x	x	x	x	x	x
<i>Laccaria</i>	<i>proxima</i>	x				x		x
<i>Hygrocybe</i>	<i>acutoconica</i>			x				
<i>Hygrophorus</i>	<i>erubescens</i>		x	x	x			





...Table 3 cont.

Genus	Species	BCN	Sonora	Chih.	Durango	Coahuila	Nuevo León	Tam.
<i>Armillaria</i>	<i>mellea</i>	x	x	x	x	x	x	x
<i>Desarmillaria</i>	<i>tabescens</i>	x	x	x	x	x		x
<i>Cryptotrama</i>	<i>chrysopeplum</i>				x	x		x
<i>Flammulina</i>	<i>velutipes</i>		x	x		x		x
<i>Oudemansiella</i>	<i>canarii</i>					x		x
<i>Pleurotus</i>	<i>dryinus</i>		x	x	x	x		
<i>Pluteus</i>	<i>petasatus</i>					x		x
<i>Pluteus</i>	<i>cervinus</i>	x	x	x	x	x		x
<i>Volvariella</i>	<i>volvacea</i>					x		x
<i>Volvariella</i>	<i>bombycina</i>					x		x
<i>Volvariella</i>	<i>gloiocephala</i>	x				x		
<i>Psathyrella</i>	<i>candolleana</i>	x	x	x	x	x		x
<i>Coprinellus</i>	<i>atramentarius</i>	x	x	x	x	x	x	x
<i>Schizophyllum</i>	<i>commune</i>	x	x	x	x	x	x	x
<i>Pholiotia</i>	<i>adiposa</i>					x		
<i>Pholiotia</i>	<i>squarrosa</i>			x		x		x

<i>Protostrongylaria</i>	<i>semiglobata</i>	X			X	X	X	X	X	X	X
<i>Tapinella</i>	<i>panuoides</i>				X	X	X				X
<i>Tapinella</i>	<i>atrotoomentosa</i>				X						X
<i>Gymnopus</i>	<i>alkalivirens</i>								X		
<i>Gymnopus</i>	<i>confluens</i>		X		X	X	X				X
<i>Gymnopus</i>	<i>fusipes</i>		X		X	X	X		X		
<i>Omphalotus</i>	<i>olivascens</i>	X	X		X	X	X				
<i>Omphalotus</i>	<i>subilludens</i>				X	X	X		X		X
<i>Leucopaxillus</i>	<i>gentianeus</i>	X			X	X	X				X
<i>Leucopaxillus</i>	<i>albissimus</i>				X	X	X				
<i>Resupinatus</i>	<i>applicatus</i>	X	X		X	X	X				X
<i>Clitocybe</i>	<i>dealbata</i>				X	X	X				
<i>Clitocybe</i>	<i>gibba</i>		X		X	X	X		X		X
<i>Lepista</i>	<i>nuda</i>	X	X		X	X	X		X		X
<i>Lepista</i>	<i>sordida</i>						X				
<i>Tricholoma</i>	<i>sejunctum</i>				X		X				X
<i>Tricholoma</i>	<i>sulphureum</i>				X	X	X		X		X

Table 3 cont. ...

...Table 3 cont.

Genus	Species	BCN	Sonora	Chih.	Durango	Coahuila	Nuevo León	Tam.
<i>Tricholoma</i>	<i>virgatum</i>					x	x	x
<i>Tricholoma</i>	<i>vaccinum</i>					x	x	x
<i>Tricholoma</i>	<i>flavovirens</i>					x		x
<i>Tricholoma</i>	<i>magnivelare</i>			x	x	x		
<i>Tricholomopsis</i>	<i>rutilans</i>					x		x
<i>Tricholomopsis</i>	<i>decora</i>					x		
<i>Auricularia</i>	<i>nigricans</i>			x	x	x	x	x
<i>Exidia</i>	<i>glandulosa</i>		x			x	x	x
<i>Exidia</i>	<i>recisa</i>		x	x	x	x		x
<i>Caloboletus</i>	<i>inedulis</i>					x		
<i>Boletellus</i>	<i>coccineus</i>			x	x	x		x
<i>Boletellus</i>	<i>ananas</i>		x					x
<i>Horiboletus</i>	<i>rubellus</i>			x	x	x		x
<i>Boletus</i>	<i>var-ipes</i>			x	x	x		x
<i>Horiboletus</i>	<i>campestris</i>				x	x		
<i>Boletus</i>	<i>paulae</i>					x		x
<i>Boletus</i>	<i>subluridellus</i>			x		x		x



...Table 3 cont.

Genus	Species	BCN	Sonora	Chih.	Durango	Coahuila	Nuevo León	Tam.
<i>Strobilomyces</i>	<i>confusus</i>				x	x	x	x
<i>Strobilomyces</i>	<i>strobilaceus</i>	x	x	x	x	x	x	x
<i>Boletiniellus</i>	<i>meruloides</i>					x		x
<i>Phlebobus</i>	<i>portentosus</i>					x		x
<i>Phlebobus</i>	<i>brassiliensis</i>					x		
<i>Gyroporus</i>	<i>castaneus</i>		x	x	x	x	x	x
<i>Gyroporus</i>	<i>subalbellus</i>					x		x
<i>Gyroporus</i>	<i>castaneus</i>		x	x	x	x		x
<i>Hygrophoropsis</i>	<i>aurantiaca</i>	x	x	x		x		x
<i>Rhizopogon</i>	<i>occidentalis</i>	x		x				
<i>Rhizopogon</i>	<i>luteolus</i>					x	x	
<i>Scleroderma</i>	<i>areolatum</i>				x	x		
<i>Scleroderma</i>	<i>verrucosum</i>			x		x		x
<i>Scleroderma</i>	<i>texense</i>					x		
<i>Scleroderma</i>	<i>cepa</i>			x	x	x		
<i>Scleroderma</i>	<i>citrinum</i>		x			x		
<i>Pisolithus</i>	<i>arhizus</i>			x	x	x	x	x



...Table 3 cont.

Genus	Species	BCN	Sonora	Chih.	Durango	Coahuila	Nuevo León	Tam.
<i>Ramaria</i>	<i>formosa</i>			x				
<i>Ramaria</i>	<i>flava</i>				x			x
<i>Ramaria</i>	<i>botrytoides</i>		x			x		x
<i>Tremella</i>	<i>foliacea</i>			x	x	x		x
<i>Tremella</i>	<i>lutescens</i>		x	x	x	x	x	x
<i>Tremella</i>	<i>fuciformis</i>	x		x	x	x		x
<i>Hebeloma</i>	<i>crustuliniforme</i>			x		x		
<i>Galerina</i>	<i>marginata</i>				x	x		
<i>Gymnopilus</i>	<i>fulvosquamulosus</i>					x		
<i>Gymnopilus</i>	<i>penetrans</i>			x				
<i>Hypholoma</i>	<i>capnoides</i>					x		
<i>Hypholoma</i>	<i>fasciculare</i>	x	x	x	x	x		x
<i>Psilocybe</i>	<i>mexicana</i>			x		x		
<i>Deconica</i>	<i>coprophila</i>	x	x	x	x	x	x	x
<i>Gymnopilus</i>	<i>aeruginosus</i>		x	x	x	x	x	
<i>Phaeolus</i>	<i>schweinitzii</i>	x	x	x	x	x	x	x
<i>Ganoderma</i>	<i>applanatum</i>		x	x	x	x	x	x





...Table 3 cont.

Genus	Species	BCN	Sonora	Chih.	Durango	Coahuila	Nuevo León	Tam.
<i>Heterobasidium</i>	<i>annosum</i>					x		
<i>Herictium</i>	<i>erinaceus</i>	x	x	x	x	x		x
<i>Herictium</i>	<i>coralloides</i>			x				
<i>Lactarius</i>	<i>rufus</i>			x	x	x		x
<i>Lactarius</i>	<i>scrobiculatus</i>			x	x	x		x
<i>Lactarius</i>	<i>torminosus</i>				x	x		x
<i>Lactarius</i>	<i>vellerus</i>	x	x	x				
<i>Lactarius</i>	<i>chrysoortheus</i>			x	x	x	x	
<i>Lactarius</i>	<i>piperatus</i>					x		x
<i>Lactarius</i>	<i>ividus</i>				x	x		x
<i>Lactarius</i>	<i>deliciosus</i>			x	x	x	x	x
<i>Lactarius</i>	<i>indigo</i>			x	x	x	x	x
<i>Lactarius</i>	<i>volemus</i>			x		x		x
<i>Lactarius</i>	<i>zonarius</i>		x	x	x	x	x	x
<i>Russula</i>	<i>emetica</i>	x	x	x	x	x	x	x
<i>Russula</i>	<i>nigricans</i>			x	x	x		x



as food after fruiting bodies are boiled several times, water should be discarded every time. After this procedure, people in the Sierra Madre Occidental in the state of Chihuahua use this species as food, as the toxins are degraded in this way.

- 3) Some species, such as *Deconica coprophila*, *Panaeolus antillarum*, *Panaeolus cinctulus* and *Protostropharia semiglobata*, can cause gastrointestinal upsets. Other species, like *Corpinellus atramentarius*, should never be used as food if mixed with alcoholic drinks as their toxins interact with alcohol and cause intoxications.

### **Species with Unknown Edibility**

There are very many mushroom species in temperate forests that are little known regarding their edibility (e.g., *Russula* spp., *Lactarius* spp., *Amanita* spp., *Boletus* spp., *Laccaria* spp.). Many other species are ecologically important and abundant; some are mycorrhizal with many hosts and others may be saprotrophic or parasites of some trees but are not recommended as some or many species belong to known toxic groups, including *Cortinarius* spp., *Tricholoma* spp., *Inocybe* spp., *Hypholoma* spp., *Clitocybe* spp., *Conocybe* spp., *Tapinella* spp., *Omphalotus* spp. and *Turbinellus* spp.

### **Small Edible Species**

Some species are known to be edible but they are very small and it is often difficult to collect a sufficient amount for them to be used as food (e.g., *Laccaria laccata*); others are edible but their stem is rather fibrous in consistency and only the pileus can be used for food (*Neolentinus lepideus*, *Aureoboletus russelli*) (Figs. 5–7). Some species have been considered as edible for a long time but there are some recent reports regarding the presence of toxins in *Armillaria mellea* and *Desarmillaria tabescens*. Some species are considered edible in some countries, such as Brasil, even if they have a hard leather or corky consistency (*Lentinus crinitus*, *L. tigrinus*). Others are rather thin, soft or leathery (e.g., *Hexagonia papyracea*). A few species have a woody consistency and some people cut them into small pieces and grind them to prepare infusions (e.g., *Inonotus obliquus* in the USA), others are edible but not very popular due to their cartilaginous consistency, e.g., *Auricularia mesenterica*, *A. nigricans* and *Tremella foliacea*.

### **Medicinal Species**

There are very many scientific reports regarding some species' medicinal usage, including *Coriolus versicolor*, *Picnoporus sanguineus*, *Ganoderma curtisii*, *G. oerstedii*, *G. applanatum*, *G. titans*, *G. resinossum*, *G. lobatum*, *Neolentinus lepideus* and *Calvatia cyathiformis* (Fig. 12). All these species are abundant in the temperate forests in the North of Mexico and some strains of these species have been obtained and studied in order to reveal the effects of their secondary metabolism on cancerous liver cells *in vitro* as well as in laboratory mice with good results, thus becoming a very promising research line (Ramírez et al., 2006).



**Fig. 5.** Edible species: 1. *Amanita jacksonii*; 2. *A. cochiseana*; 3. *A. bassi*; 4. *A. rubescens* group; 5. *Boletus barrowsii*; 6. *Butiriboletus frostii*; 7. *Boletus chipewaensis*; 8. *B. pseudopinophilus*; 9. *Boletus* group a *edulis*; 10. *B.* group b *edulis*; 11. *Boletus rubriceps*; 12. *Boletinellus merulioides*.

### Forests and Mushrooms

Results showed that most mycorrhizal species were associated either with pines, oaks, spruce, fir, *Arbutus* spp. or *Arctostaphylos* spp. in temperate forests, in altitudes ranging from 550–3650 m, saprotrophic, parasitic and pathogenic species are also present. There is a high diversity of mushrooms species at lower altitudes, i.e., 500–700 m, most of them are saprotrophic (*Leucocoprinus birnbaumii*, *Lepiota rubrotincta*, *Psathyrella* spp., *Agaricus xanthodermus*, *Chlorophyllum molybdites*) but some mycorrhizal species also grow associated to oaks, pines and elms (*Hortiboletus rubellus*, *Pisolithus tinctorius*, *Inocybe rimosa*, *I. geophylla*, *Scleroderma areolatum*, *S. cepa* and *S. verrucosum*) amongst many others. These are also present in piedmont forests associated with Oaks and many other hosts.

### Distribution of Species

- 1) Most edible or poisonous species are located in altitudes from 1500–3000 m. Many of them form mycorrhizas with a wide range of hosts (refer to hosts list) and some are saprotrophic or parasitic species (Figs. 5–7; Table 2). Some of the main edible species are: *Amanita cochiseana* (from the caesarea group),

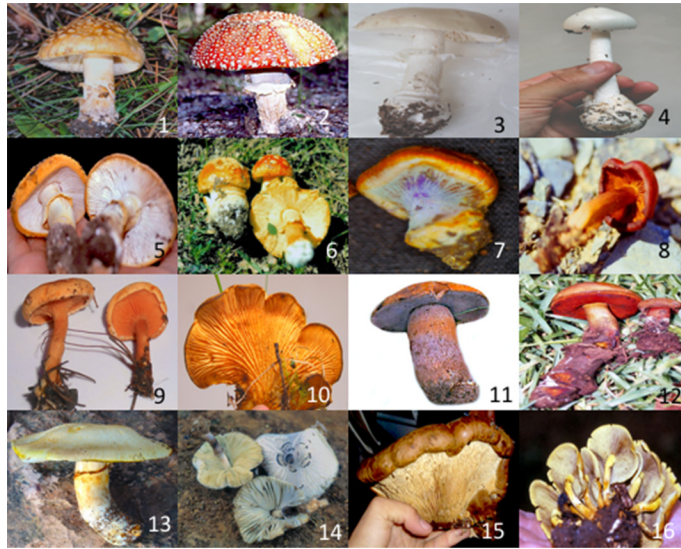


**Fig. 6.** Edible species: 1. *Lactarius indigo*; 2. *Lactarius deliciosus*; 3. *Flammulina velutipes*; 4. *Harrya chromapes*; 5. *Hypomyces lactifluorum* growing on *Russula brevipes*; 6. *Gomphus clavatus*; 7. *Hydnum repandum*; 8. *Hortiboletus rubellus*; 9. *Russula virescens*; 10. *Morchella conica*; 11. *Aureoboletus russellii*; 12. *Tuber* sp.; 13. *Boletus edulis* group; 14. *Strobilomyces strobilaceus*; 15. *Polyporus tenuiculus*; 16. *Lycoperdon piriforme*.



**Fig. 7.** Edible species: 1. *Hericium erinaceus*; 2. *Russula brevipes*; 3. *Hericium coraloides*; 4. *Lycoperdon perlatum*; 5. *Calvatia cyathiformis*; 6. *Hortiboletus campestris*; 7. *Lactarius volemus*; 8. *Albatrellus ellisii*; 9. *Suillus granulatus*; 10. *Cantharellus cibarius*.





**Fig. 8.** Toxic species: 1. *Amanita pantherina*; 2. *Amanita muscaria*; 3. *Amanita verna*; 4. *Amanita bisporigera*; 5. *Amanita flavorubescens*; 6. *Amanita flavoconia*; 7. *Cortinarius* sp., 8. *Cortinarius sanguineus*; 9. *Hygrophoropsis aurantiaca*; 10. *Tapinella panuoides*; 11. *Sutorius eximius*; 12. *Boletus subvelutipes*; 13. *Agaricus xanthodermus*; 14. *Chlorophyllum molybdites*; 15. *Tapinella atrotomentosus*; 16. *Hypholoma fasciculare*.



**Fig. 9.** Toxic species: 1. *Cortinarius violaceus*; 2. *Cortinarius brunneus*; 3. *Cortinarius aureoturvantus*; 4. *Cortinarius semisanguineus*; 5. *Cortinarius* sp.; 6. *Leucocoprinus birnbaumii*; 7. *Scleroderma areolatum*; 8. *Scleroderma verrucosum*; 9. *Omphalotus subilludens*; 10. *Collybia alkalivirens*; 11. *Stropharia semiglobata*; 12. *Paneolus pabilonaceus*; 13. *Paneolus cinctulus*; 14. *Amanita plumbea*; 15. *Gymnopilus aeruginacens*; 16. *Cortinarius pinetorum*.



**Fig. 10.** Toxic species: 1. *Amanita abrupta*; 2. *Amanita muscaria* var. *flavivolvata*; 3. *Amanita vaginata*; 4. *Cortinarius phoeniceus*; 5. *Cortinarius violaceus*; 6. *Omphalotus olivaceus*; 7. *Omphalotus subilludens*; 8. *Boletus plumbeoviolaceus*; 9. *Tylopilus alboater*; 10. *Tylopilus felleus*; 11. *Amanita phalloides*; 12. *Amanita perspasta*; 13. *Cortinarius paleaceus*; 14. *Inocybe gerardii*; 15. *Inocybe calamistrata*; 16. *Boletus satanas*.

*A. jacksonii*, *A. calyptrodema*, *Cantharellus cibarius*, *Craterellus cornucopiodes*, *C. fallax*, *Tricholoma magnivelare*, *Lactarius deliciosus*, *L. indigo*, *Russula delica*, *R. brevipes*, *Boletus pseudopinophilus*, *B. barrowsi*, *B. chippewaensis*, *B. appendiculatus*, *Leccinum aurantiacum*, *L. manzanitae*, *Hydnum repandum*, *Gomphus clavatus*, *Hortiboletus rubellus*, *Suillus tomentosus*, *S. granulatus*, *S. luteus*, *S. brevipes*, *S. pseudobrevipes*, *Lepista nuda*, *Albatrellus ellisii*, *Harrya chromapes*, *Hericium erinaceus*, *H. coraloides*, *Agaricus campestris* and *A. bitorquis*. Native truffles have been found, *Tuber regiomontanum* for example, and considering the diversity of Oaks and Pines occurring in the North of Mexico it is possible that many species have not yet been discovered. Many other interesting hypogeous species from different genera have been reported recently (Cázares et al., 1992; Guevara et al., 2014).

- 2) There are quite a number of toxic species and many are mycorrhizal with oaks and conifers, i.e., *Amanita verna*, *A. bisporigera*, *A. virosa*, *A. muscaria*, var. *flavivolvata*, *A. phalloides* (Figs. 8–11; Table 2). Also, there are saprotrophic or parasitic toxic species: *Hypholoma fasciculare*, *H. capnoides*, *Mycena pura*, *Gymnopilus aeruginaceus*, *Cortinarius sanguineus*, *C. semisanguineus*, *C. violaceus*, *Hebeloma crustuliniforme*, *Inocybe fastigiata*, *I. geophylla*, *I. rimosa* and *I. lacera*.
- 3) Medicinal species are mostly associated to Oak forests and they are either saprotrophic or parasitic: *Coriolus versicolor* y *Ganoderma curtissi*, *G. oerstedii*, *G. resinaceum* and *G. applanatum* (Fig. 12; Table 2).



**Fig. 11.** Toxic species: 1. *Amanita magniverrucata*; 2. *Amanita novinupta*; 3. *Amanita rubescens*; 4. *Amanita verna*; 5. *Amanita bisporigera*; 6. *Amanita fulva*; 7. *Tricholoma flavovirens*; 8. *Entoloma lividum*; 9. *Entoloma mexicana*; 10. *Scleroderma citrinum*; 11. *Boletus luridellus*; 12. *Paneolus antillarum*; 13. *Suillelus luridus*; 14. *Boletus amigdalinus*; 15. *Cortinarius magnivelarum*; 16. *Sarcodon imbricatus*; 17. *Xerocomus* sp.; 18. *Lepiota cristata*; 19. *Russula emetica*; 20. *Pluteus petasatus*.

### Risks of Intoxication by Toadstools and Mushrooms in City Gardens and Nearby Forests

It is interesting to mention that eating poisonous species may occur and is mainly associated with species of some genera, i.e., *Amanita*, *Cortinarius*, *Russula*, *Leucocoprinus*, *Lepiota*, *Chlorophyllum* and *Scleroderma*. In the field, some toxic species like *Amanita verna* have been confused with edible species like *Agaricus campestris* or *A. bitorquis* as they grow in lawns placed very close to pine and oak forests where the toxic species *Amanita verna*, *A. virosa* and *A. bisporigera* grow. Also, oak species (*Quercus fusiformis*, *Quercus rysophylla* and *Q. polymorpha*) have recently been planted extensively in many city gardens in the north of Mexico. These trees form mycorrhizal associations in nurseries with many ectomycorrhizal fungi and, once established in their final destination in the city gardens, they produce fruiting bodies that may cause intoxications (e.g., *Scleroderma texense*, *S. areolatum*,





**Fig. 12.** Medicinal species: 1. *Ganoderma oerstedii*; 2. *Auricularia nigricans*; 3. *Ganoderma brownii*; 4. *Ganoderma lobatum*; 5. *Ganoderma curtisii*; 6. *Ganoderma collosus*; 7. *Calvatia craneiformis*; 8. *Pycnoporus sanguineus*; 9. *Coriolus versicolor*; 10. *Ganoderma resinaceus*; 11. *Lycoperdon pyriforme*; 12. *Calvatia cyathiformis*.

*S. cepa*, *Inocybe fastigiata*, *I. calamistrata*, *Cortinarius violaceus*, *Amanita muscaria*, *Boletus luridellus* and *Suillelus luridus*). Some saprotrophic species, namely *Chlorophyllum molybdites*, *Lepiota rubrotincta*, *Leucocoprinus birnbaumii* and *Agaricus xanthodermus*, have also been collected.

### **Altitudinal Distribution**

The species identified in this study are located in altitudes from 500 to 3500m in the east, while in central and west states, most species are located in altitudes from 1500–2500m in Oak forests. Most toxic fatal species like *Amanita verna* grow in high altitude forests and are associated with *Quercus* spp. and *Pinus* spp., forming mycorrhizas as well as some saprotrophic species or pathogens (*Hypholoma fasciculare*, *Armillaria mellea* and *Desarmillaria tabescens*). Some toxic saprotrophic species grow in lower altitudes ca. 500–1500 (*Chlorophyllum molybdites*). Medicinal species follow the same pattern, with some species growing in *Quercus-Pinus* forests (e.g., *Ganoderma applanatum* and *Neolentinus lepideus* and *Coriolus versicolor*) and other species growing in lower altitudes (500–2000) (*Ganoderma resinaceus*). Thus, most toxic species are located in altitudes from 500 to 3200 m (*Amanita bisporigera*, *A. phalloides*, *A. virosa*, *A. rubescens*, *Tricholomopsis rutilans*, *Inocybe fastigiata*, *I.*

*calamistrata*, *Pholliota squarrosa*, *P. adiposa*, *Cortinarius violaceus*, *C. paleaceus*, *C. pinetorum*, *Mycena pura* and *Hypholoma fasciculare*).

### **Importance of Species**

All species are ecologically important but there was a lack of information regarding toxic species (*Amanita phalloides*, *A. verna*, *A. bisporigera* and *A. virosa*) occurring in these extensive temperate forests. They should be known in order to avoid poisoning with possible fatal events in people living in rural forestry communities. Identification of edible, toxic and medicinal species is very important as many research lines can be established from each one of these groups (Garza et al., 2014). Mycorrhizal species have relevance both because they promote seedling growth and because many species are edible and can be collected and sold (e.g., *Amanita caesarea* group, now called *cochiseana*) (Sánchez et al., 2015), *A. jacksonii*, *Boletus edulis* group, *Tricholoma magnivelare*, *Lactarius deliciosus*, *Cantharellus cibarius* and some others (Burk, 1983; Barros et al., 2008; Garza et al., 2012). In the case of some of the medicinal species, we have carried out research searching for secondary metabolites with antimicrobial and anticancer activity in liver cells *in vitro* with very promising results (Garza et al., 2006).

### **Discussion**

This study confirms the presence of a high diversity of edible, toxic and medicinal mushroom species in temperate forests in the North of Mexico. Oak and mixed oak pine forests had the higher diversity of species, as reported previously by (Pérez et al., 1986; Lafferriere and Gilbertson, 1992; Moreno et al., 1994; Quiñónez et al., 1999; Garza et al., 2002; North, 2002; García et al., 2014; Quiñónez and Garza 2015; Sánchez et al., 2015; García et al., 2017) and some species had been reported from Oak forests in several states. Many of the species found in this study have also been reported in Oak forests in Northeastern North America (Bessette et al., 1997; Bessette et al., 2007; Binion et al., 2008). Many of the fungal species have evolved from the Arctic regions towards the south, those species from the West in the Sierra Madre Occidental are related to those species found in Southern parts of North America (e.g., California). According to Salinas et al. (2017), characteristics such as location, climate, physiography, soil types, geological age, karstic landscape, and wide range of elevations are important attributes for plant endemisms, including species in the Fagaceae in the Sierra Madre Oriental. These field characteristics and those from forests and trees themselves, together with management and conservation activities, are very important for the development of fungal growth in temperate forests in the North of Mexico (Garza et al., 1985; Garza et al., 2014; Quiñónez et al., 2014; Quiñónez and Garza, 2015). Regarding mushroom intoxications, individual health and susceptibility or immune response can play an important role in mushroom intoxications. Some individuals can develop allergic reactions even when eating edible cultivated species like the common champignon *Agaricus campestris* or *Pleurotus ostreatus*. When eating edible mushrooms, it is always recommended to eat only a little bit and when wanting to eat wild edible mushrooms one should always

count on the identification help of an expert, otherwise it is never recommended to risk a fatal reaction for a few mushrooms. Toxic species grow beside edible species as they can share tree hosts in the forests.

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